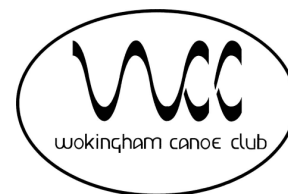




Sunday 19th July 2009 Thames Valley Circuit Race



DIRECTIONS: From J10 M4, head north towards Reading on A329(M), continue to the end. At the roundabout turn right - the club is on the left just before the pedestrian crossing.

FACILITIES: Off-road parking (subject to weather), toilets, changing rooms

REFRESHMENTS: Light refreshments: free for competitors and on sale to spectators

<p style="text-align: center;">FEES per seat</p> <p>Seniors £6.00 Juniors £4.00 Lightnings £2.50</p>	<p style="text-align: center;">RULES</p> <p>Are as per 2009 racing handbook. Vertical number plates are required. As per BCU rules for Flat Water Racing, ALL paddlers ranked in Divisions 7, 8, 9, Lightning and Hody must wear buoyancy aids and their use is recommended for all under 16's.</p>	<p style="text-align: center;">TIMING</p> <p>09:00 Check-in opens 10:15 Briefing 1 10:45 Start 1 11:30 Check-in closes 11:45 Briefing 2 12:00 Prize giving 1 12:15 Start 2 15:30 Prize giving 2</p>
<p>All entrants must prove Comprehensive BCU membership or membership of their Club's registered Youth Section. Otherwise paddlers in Divs 7, 8, 9 and Lightnings/Hody will be charged £2.50 for an Event Ticket/Thames Licence. Paddlers in Divs 1 to 6 will be unable to race.</p>		

	SINGLES	DOUBLES	No. OF CIRCUITS	DISTANCE (miles)	No. OF PORTAGES
START 1 10:45	Lightning			2	0
	DIV 7,8 & 9	DIV 7, 8 & 9	1	4	0
START 2 12:15	DIV 1 & 3	DIV 2	3	12	2
	DIV 4 / 5 / 6	DIV 4 / 5 / 6	2	8	1
		Hody	N/A	2	0

HASLER TROPHY: This is a qualifying race for Southern Region.

ENTRIES: By post, with payment to: **James Keeble, Racing Officer. Wokingham Canoe Club, Wokingham Waterside Centre, Thames Valley Park Drive, Earley. RG6 1PQ** to arrive no later than **17th July 2009** ~ Please make cheques payable to **'Wokingham Canoe Club'**

Entries using the HRM (Hasler Race Management Program) to: jkeeble1986@googlemail.com by midday 17th July 2009

Please send copies of BCU cards by e mail (preferred) or hard copies by post with cheque.

PLEASE NOTE: In the event of 'Red boards' being displayed at either Caversham or Sonning Locks the event will be cancelled and all cheques returned or destroyed. WCC and its nominated officials cannot be held responsible for any loss of life, limb or equipment however caused. Canoeing and kayaking are 'assumed risk' - 'water contact sports' that may carry attendant risks. Participants should be aware and accept these risks and be responsible for their own action and involvement.